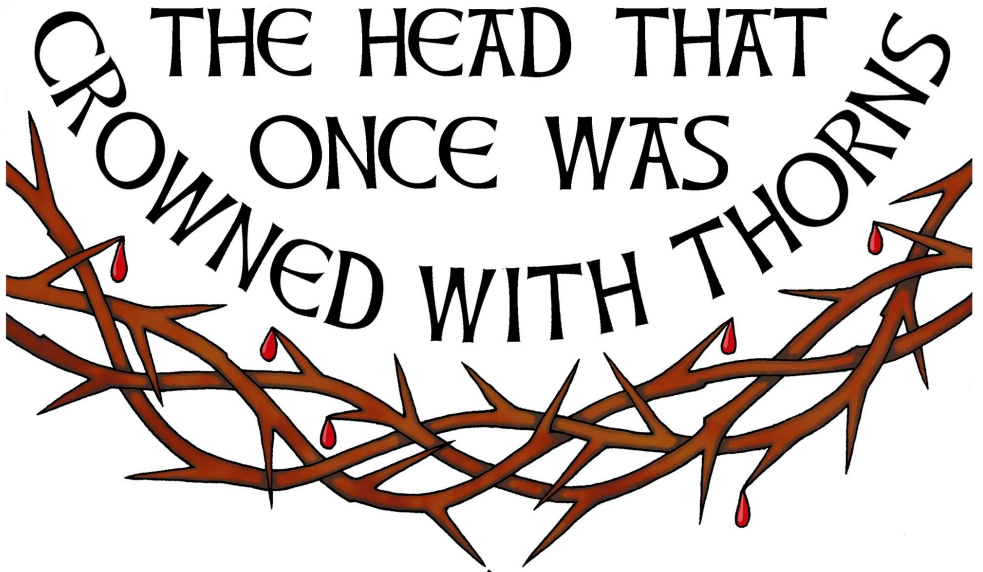


Kaleidoscope 160

St Andrew Blackadder Parish Church Magazine

Spring 2024 March, April, May



THOMAS KELLY

A Message from Neil

Good Friday?

Can you think of a more inappropriate name? On this Friday the world pauses to remember the death of Jesus of Nazareth. Bad Friday. Awful Friday. Terrible Friday. Wouldn't any of these be better names for the day?

It would be if Friday was the end of the story. It's not. Sunday's coming. Three days later Jesus rose from the dead.

Maybe your life feels like Friday. You feel helpless. You feel hopeless. Take heart. Sunday's coming.

It's Friday but Sunday's coming.

It's Friday

Jesus is praying

Peter's a-sleeping

Judas is betraying

But Sunday's comin'

It's Friday

Pilate's struggling

The council is conspiring

The crowd is vilifying

They don't even know

That Sunday's comin'

It's Friday

The Romans beat my Jesus

They robe him in scarlet

They crown him with thorns

But they don't know

That Sunday's comin'

It's Friday

See Jesus walking to Calvary

His blood dripping

His body stumbling^[L]_[SEP]

And his spirit's burdened^[L]_[SEP]

But you see, it's only Friday

Sunday's comin'

It's Friday
The world's winning
People are sinning
And evil's grinning

It's Friday
The earth trembles
The sky grows dark
My King yields his spirit

It's Friday
The soldiers nail my Saviour's
hands
To the cross
They nail my Saviour's feet
To the cross
And then they raise him up
Next to criminals

It's Friday
Hope is lost
Death has won
Sin has conquered and Satan's
just a-laughin'

It's Friday
But let me tell you something
Sunday's comin'

It's Friday
Jesus is buried
A soldier stands guard
And a rock is rolled into place
But it's Friday
It is only Friday
Sunday is a comin'!

It's Friday
He's hanging on the cross
Feeling forsaken by his Father
Left alone and dying
Can nobody save him?

Shadrach Meshach Longridge (1913-2000).

Neil

Patrick Regan OBE speaking at St Andrew Blackadder, Thursday 7 March, 7pm

St Andrew Blackadder Church is hosting an evening with Patrick Regan OBE on Thursday 7 March at 7:30pm. Patrick will be here as part of his *Brighter Days* book tour. It will be “an inspiring, encouraging, and practical evening on how we can find hope for the future.” Patrick will give a chat show-style talk about the book, and there will also be live music from Natasha Petrovic.

Tickets on sale now through Eventbrite and via a link on the church website: www.standrewblackadder.org.uk

Summary of *Brighter Days*

You probably don't need to be told that the demands of modern living are taking their toll on our wellbeing. You likely feel it.

And yet, some of us feel as though we're the only ones who are weary, overwhelmed, or anxious, so we don't talk about it and try and pretend that it's not happening.

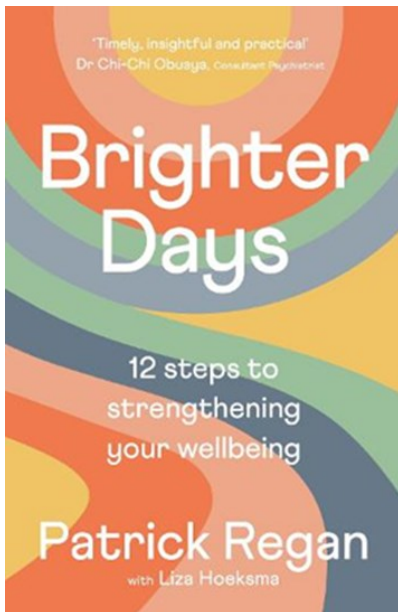
The truth is that we're far from alone; we all have days where life feels too much, and we've all had times when we're desperate to know that brighter days are ahead.

Packed-full of practical tips alongside stories of struggle and strength, *Brighter Days* is for all of us who want tools to invest in our emotional, mental, physical, and spiritual health so we can look forward to a healthier and more hopeful future.

Kintsugi Hope

Patrick is the President and co-founder of **Kintsugi Hope**. An organisation he started after his own struggles with mental health:

"Following a series of life-changing events including loss, illness and lots of surgery, life became increasingly overwhelming. This had a major impact on my emotional and mental health. My 'man up' self-talk didn't work, and I ended up suffering with anxiety and depression. I felt broken and filled with shame. However, when I opened up to share my brokenness, I found I wasn't alone."



"I then discovered Kintsugi – the Japanese art of mending broken pots with golden glue. The gold makes a feature of the cracks instead of hiding them. All of us have broken pieces, but instead of hiding them, we can learn from them. We can discover treasure in our scars."

For more information on Kintsugi Hope see:
www.kintsugihope.com

Stacy Cathcart

The Power of the Cross

Some of you have heard these two stories before, but as we go into Easter we wanted to share them with you all.

One afternoon, Andy found himself on his knees at our workshop trailing his hands through a big oil pan full of dirty old engine oil. He was searching for all the nuts and bolts that had come out of an engine that he was going to rebuild for a customer. It was cold, he was tired and we were in the middle of a credit crunch. Being self-employed was hard and he was worried about the future. He had been praying for months asking for guidance and a sign that he was on the right path, and that day he got his answer! This is what he pulled out of the oil pan!



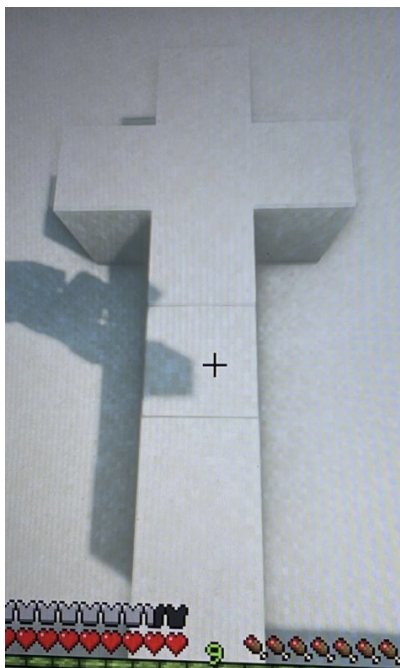
It's an oil seal! Talk about an answer to prayer!!

Fast forward a decade or so. Late one night last June, we were all in bed asleep – except our son Andrew. He had been relaxing in his bedroom playing a computer game and was about to head to bed. Suddenly, he realised that he could smell gas. He came through and woke us up. At first I thought it was just the smell of the fields, but soon I realised that it really was a gas leak. Not only could we smell it, we could hear it escaping from the pipe that fed into the boiler. Our boiler is housed in a small cupboard right beside our bedrooms! We jumped into action, woke Robbie and called the Gas Safety Network, who talked us through how to switch the gas off at the mains. We were all in shock!

British Gas arrived the next day and eventually found and resolved the problem. I was chatting to the Engineer as he was finishing up, and he said to me, "I don't think I've ever been this close to a potential tragedy!" I asked him what would have happened had Andrew not been awake. He said, "Don't think about it!"

Not long after this, Andrew came to me and said, "Mum, look what came up on my computer screen right before I smelt the gas!"

The power of the Cross indeed!



Andy & Kirstin Entwistle

St Andrew Blackadder Church of Scotland North Berwick
Scottish Charity SC0006421

The Pain of the Cross

I had been in hospital for the third time in 2023. We often hear about the Cross for healing, forgiveness, love, compassion. But very rarely do we hear of the severe pain Jesus must have been in.

Whilst in hospital, and again in agony, hopelessness and despair, God spoke through this poem and gave me comfort to know that He was standing with me and had been through it Himself.

*When I Survey the Wondrous Cross on which the Prince of Glory died.....
See from His head, His hands, His feet, sorrow and love flow mingled
down.....*

In hospital again,

Pain, agony!

Tears flood my eyes.

Shoulders feel like they are being pulled and yanked out of their sockets.

Hands, wrists and body swollen.

Fingers resistant to movement.

Pushing them further feels fragile and that they would break.

Cold! Hot! The colour changes.

I cry tears of frustration, pain.

Totally useless, every task meets with pain of various degrees.

Crippled all over.

Then I'm pointed to the Cross,

Where Christ has been,

His shoulders pulled to take his body's weight.

Burning, searing pain, contorted agony written on His face.

Hands pinned with metal nails driven into the beam of wood.

Swollen, pain with every movement, pulled down by gravity.

Hurting from His finger tips, shoulders, neck and body.

He alone took my pain that I might not be alone.

I always wonder why the Cross? But now I know the reason he went there.
To feel what I feel, standing with me so that I am NOT ALONE.

*Love so amazing, so divine
Demands my soul, my life, my all.*

Alice Wood

HOLY WEEK SERVICES at 7.30pm

Monday 25 March	St Baldreds
Tuesday 26 March	North Berwick Christian Fellowship in Abbey Church
Wed 27 March	Our Lady Star of the Sea
Thur 28 March	Communion—St Andrew Blackadder
Good Friday 29 March	Abbey Church

Sundays at St Andrew Blackadder

Morning Worship 9.30am – 10.10am

This is a traditional and reflective service. It was created to meet the needs of those who find the bustle and background noise of the all-age worship a trial rather than a delight. Tea and coffee are available afterwards.

Worship for all ages 10.30am – 11.40am

This is our main service including Christian teaching for both adults and children. All meet at the beginning then the children go off to Junior Church. There is a crèche available from 10.30 for babies and toddlers. There is a multimedia presentation and CH4 songs.

Sunday Activities

WHEN	WHAT	WHERE	CONTACT
Every Sunday	An opportunity to pray about anything with members of the Prayer Team	Church at Pulpit	Badged Team Members
Every Sunday	Junior Church Ages 3 to 12 Faith with fun	Chapel	Stacy Cathcart
Every Sunday	YF Ages 13 to 18	Room 2	Paul Cathcart and Mary Leckie

Regular Activities

WHEN	WHAT	WHERE	CONTACT
Mondays 7.30 to 10.00pm	Table Tennis Club	Hall	northberwicktt@gmail.com
Tuesdays 1.30 to 2.30pm	Seniors' Table Tennis Club	Hall	Patricia Hay
Tuesdays 9.30 to 11.30am	Little Angels Kids gather for fun while their carers enjoy a cup of tea or coffee & a chat	Chapel	Geraldine Woolley
Thursdays 11.00am to 1.00pm (soup from 11.30am)	THE BEACON Come and enjoy a bowl of soup, home baking, a chat and good company	Hall	Elaine Martin
Thursdays 1.00 to 1.30pm	THE BEACON SERVICE This short service is relaxed and intimate	Chapel	Ann Cubitt
Tuesdays (5 & 19 March) 2pm	The Guild We have a speaker and enjoy worship, fellowship and coffee.	Chapel and Front Vestibule	Ann Cubitt
Tuesdays (term time) 3.30 to 6pm	Warhammer Club	Room 1	Andrew Duncan
2nd Sunday of the month 12pm	Hunger Lunch	Hall	Jane Murdoch
Every second Friday (term time) 9.00 - 11.00 am	Parent Space A place to connect for	Room 2 & Chapel	Helen Nelson & Sally Anderson

Special Events March—May 2024

WHEN	WHAT	WHERE
3 Mar 7 Apr 5 May	Messy Church 4pm—6pm	Hall, Sanctuary
Thurs 7 March 7.00pm - 9.30pm	Kintsugi Hope (Patrick Regan)	Sanctuary
Sat 16 March 10am - 3pm	Day of Prayer	Sanctuary
Sat 23 March 10am - 12 noon	Guild Easter Coffee Morning	Hall
Sat 30 March 10am - 11.30am	Sustainability North Berwick Climate Cafe	Hall
Fri 12 April 7.30pm	Gilbert & Sullivan Concert	Sanctuary
Sun 21 April 3pm & 7pm	Gospel Choir/Sister Sister Concerts	Sanctuary
Sat 18 May 10am - 12 noon	Christian Aid Coffee Morning	Hall
Sun at 7pm 31 March 28 April 26 May	Winter Concert Series	Sanctuary
Thurs 23, Fri 24 May 10am - 5pm; Sat 25 May 10am - 1pm	Rotary Charity Shop	Hall

St Andrew Blackadder Parish Church

St Andrew Street, North Berwick, EH39 4NU

Minister

Rev. Dr. Neil Dougall

Email: ndougall@churchofscotland.org.uk

Church Office Administrator, and Roll Keeper

Julie Scanlon

Tel. 01620 895233

Email: admin@standrewblackadder.org.uk

Office open Monday to Friday from 9 am to 12 noon.

Web Site: www.standrewblackadder.org.uk

Messy Church

Alison Singleton

Email: messychurch@standrewblackadder.org.uk

Communion Services

St Andrew Blackadder Parish Church usually celebrates Communion as follows:

The last Sunday of February, May, August, and November, at 9.30am and 10.30am.

Beacon Communion Service is on a Thursday near to the Sunday.

****Monday 13th MAY is the Summer Edition Deadline****

Please send articles for consideration by
email to: kaleidoscope@standrewblackadder.org.uk

Or write to the Editor at the church office address or phone
Kirstin Entwistle tel. 01620 894933

Guild

In December, we enjoyed a splendid Christmas lunch at the Glen Golf Club.

Our most recent speakers have not been outsiders but rather folks we may already know.

Tony Cooper spoke to us about a company in Gibraltar which repurposes Toyota Land Cruisers for use in inhospitable areas by charities. Surprisingly, most of these vehicles are white and other colours have to be specified, as required.

Mary Duncan told us about her experiences in Tanzania via ***Wheels for the World*** by advising on and supplying mobility aids to people and their families there, using her skills as a physiotherapist.

Tommy Nelson dispelled some myths around forensic science by talking about his work in Northern Ireland and Scotland over many years. He also took us through his faith journey to date.

Norman Lazonby talked about the work of ***The Leprosy Mission UK*** in India, and we were astonished to learn how many new cases are diagnosed each year. Also, there is no vaccine as yet to prevent the spread of this disease. Some specialist hospitals in the developing world are becoming in need of renewal, so funds are desperately needed to fund the work of this charity.

If you wish to join us on our journey, our programme for the remainder of the current session is set out below:-

Tues 5 March 2pm	Andrew Duncan (Our Youth Leader)
Tues 19 March 2pm	Piping entertainment with Lyle Crawford Followed by Guild AGM

Other dates for your diary are set out below:-

Friday 1 March 3pm	World Day of Prayer (Abbey Church)
Wednesday 13 March 2pm	Lothian East Guilds Together Songs of Praise at Ormiston Parish Church , 22 Main Street, Ormiston, EH35 5HT
Saturday 23 March (10am to 12 noon)	Easter Coffee Morning in our Church Hall (in aid of Kazunzu Village of Hope and Pioneers: Chocolate Heaven)
Wednesday 5 June 2pm	Lothian East Guilds Together Strawberry Tea in our Church Hall

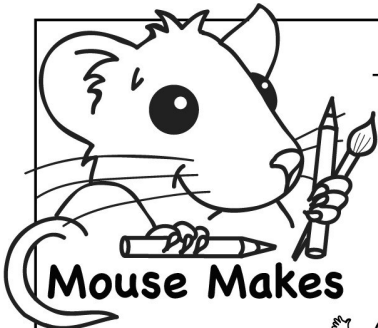
Please feel free to join us at our meetings, but remember that they will all commence at **2 pm**.

Helen Dennison

Prayer Day

Our next Prayer Day will be on **Saturday 16 March** from 10am to 3pm in the Sanctuary, and it will have an Easter theme. We will introduce some new ideas and incentives for prayer, so for however long or short a time, do come along.

Ann Cubitt



"I am the **resurrection** and the **life**.
The one who believes in me will live
even though they die."

John 1:25



READ the Bible
passages to find
the answers to the
crossword clues

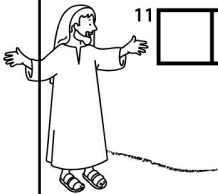
Matthew 21:1-11

1. Which city did Jesus ride into?
2. What did he ride on?
3. What did the crowd shout?
4. What did clothes did they put down?
7. What did they cut down to spread on the road?



Matthew 26:17-29

15. What feast did Jesus celebrate?
12. Who did he celebrate it with?
11. What did Jesus break to eat?



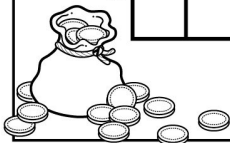
Matthew 26:36-75

6. What did Jesus go to do at Gethsemane?
18. Who denied Jesus?



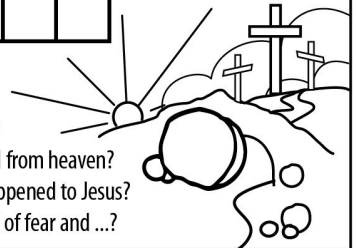
Matthew 26:14-16

- 8d. Who betrayed Jesus?
10. How many silver pieces was he paid?



Matthew 28:1-10

5. Who descended from heaven?
19. What had happened to Jesus?
- 8a. Mary was full of fear and ...?



1

2

3

4

5

6

7

8d

8a

9

11

12

13

14

15

16

17

18

19

K

S

A